



**CASAT ACADEMIC UNIT  
IN PARTNERSHIP WITH DOWNING  
COUNSELING CLINIC**

# CASAT ACADEMIC UNIT AND THE DOWNING COUNSELING CLINIC

- The CASAT Academic Unit is composed of a minor undergraduate, Master's, and Advanced Certificate programs
- Largest minor on UNR's campus
- Provide instruction to develop competency in substance misuse and behavioral addictions
- Downing Counseling Clinic (DCC) is attached to the Counselor Education Program (CEP) and is responsible for training Marriage, Couple, and Family Counseling (MCFC) and Clinical Mental Health Counseling (CMHC) students



# SCOPE OF PRACTICE AND COMPETENCY

- Scope of practice for Marriage and Family Therapists (MFT) and Clinical Professional Counselors (CPC) includes the treatment of addiction related disorders
- CEP students only take one introductory course in substance use disorders
- CASAT provides additional coursework to further develop scope of competency



# PROJECT WITH PROBLEM GAMBLING FUNDS

- Purpose is to provide training and workforce development
  - 30-hour PG training through CASAT
  - Course infusion material for CASAT and CEP courses
  - 9-courses identified in FY23 for CEP
  - Certification as a Problem Gambling Counselor (CPGC) and Alcohol and Drug Counselor (CADC)
  - Clinical Supervision
  - Provision of direct services
- Goal is to provide training and education for problem gambling specific concerns to 100% of CEP students and opportunities for licensure for up to three students per cohort
- As well provide experience in treatment through the Downing Counseling Clinic



# FY 23 - CEP COURSE INFUSION

- CEP 642a Diagnosis for School Counselors
- CEP 642b Diagnosis for CMHC and MCFC
- CEP 645 Crisis and Trauma
- CEP 650 Counseling Theory and Process
- CEP 674 Overview of Addiction Prevention and Treatment
- CEP 705 Advanced Human Growth and Development
- CEP 711 Societal Issues and Special Topics for CPCs
- CEP 751 Multicultural Counseling
- CEP 766 Advanced Family Counseling



# FY23 - TREATMENT IN THE CLINIC

- In FY23 the following services were provided in the Downing Counseling Clinic
  - 107 individuals screened for problem gambling using the NODS-PERC
  - 6 individuals identified for more comprehensive services
  - Group and individual counseling
  - Anticipate as training for students becomes more available, positive screenings will increase
- Currently have 19 clinicians in training in the clinic
- During the Spring 2024 semester this will increase to 29